

# The Palgrave Star

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## EVENING CLASSES AT PALGRAVE SCHOOL

### CAMBRIDGE UNIVERSITY BOARD OF EXTRA-MURAL STUDIES. ECOLOGY AND ARCHAEOLOGY CLASSES.

It seems only yesterday that members of the Ecology and Archaeology classes were saying their goodbyes until the Autumn. Now, with this issue of "The Star" Autumn has arrived and with it the details of the 1980/81 classes.

Archaeology—commencing Monday September 22 at 7.30p.m. will continue the study in depth with Mr. Geoff Moss, our very popular tutor.

Ecology—commencing Tuesday September 23 at 7.30p.m. Twenty-one lectures on "The Use and Abuse of Natural Resources" by Miss Erica Towner B.Sc. The following is an extract from the syllabus.

Man is part of nature, and therefore, part of a delicate natural balance. For many thousands of years Man has used and misused the resources freely available to him. Stone Age man used flint and fire to destroy the great prehistoric forests of Britain. But this enabled him to farm, and so survive. The Industrial Revolution in part, resulted in the current world population explosion. It is this ever increasing population which has made the greatest demands on natural resources, whether plant and animal for food, or fuel and metals for industry.

The sadness is that these precious reserves are, and have been, wasted because no one realised that they might run out. In order to survive we must strike a balance between man and nature.

The course is for all who have an interest in the effects of man on his environment, by for example farming, whaling and mining. It will try to assess just how necessary these things are for man's survival. Alternatives to the present use of resources including the importance of conservation will be closely studied, as these will help in the future survival of man.

The course will include a series of field excursions to illustrate the good and bad use of our environment.

## Biography

Erica Towner studied Zoology at University College Swansea, emerging as a keen ecologist. This interest was pursued for three years at Exeter University whilst a research student in the Department of Biological Sciences. The research project involved a study of freshwater fish diseases, and their control, in the southwest of England. A move to Bristol University as a research demonstrator in Zoology, allowed her to pursue research interests in freshwater biology and ecology. Whilst in Bristol she also gave a series of lecture courses for the Department of Extra-mural Studies, University of Bristol, before moving to Cambridge, as tutor in Biology, University of Cambridge, Board of Extra-mural Studies.

For further information about these classes please contact Mr. R.B. Rolfe. Tel.Diss 2502

## THRANDESTON - FETE, BARBEQUE & BARN DANCE

A Garden Fete, Barbeque and Barn Dance will be held on Saturday 13 September at The Old Rectory Gardens, Little Green, Thrandeston from 3.00.p.m.

Petticoat Lane Stalls include Jumble, Craft, Cakes, Preserves, White Elephant, Books and Records, Bottles, Plants, Produce etc.

Inter-village Tug-of-War Contest, Pony Rides Teas, Ices etc

Admission: Adults 25p Children free.

Barn Dance in evening with Barbeque and Bar.

Bonnets and Boaters

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## HARVEST SUPPER 4 OCTOBER

Come to the Harvest Supper at Palgrave School on October 4. 7p.m. for 7.30p.m. prompt.

Menu: Turkey & Ham Salad  
Potatoes  
  
Apple Pie Ice-cream  
  
Punch  
  
Coffee

Tickets available from the Post Office or collectors. Price - Adults £1.50. Children under twelve £1.00. Entertainment and Grand Draw. Seating limited to 100 so get your tickets quickly.

## T.T. RULES O.K.

As you move through the district you might be surprised to learn that despite the placid appearance, ping pong is strong. Behind closed doors you might just catch some unusual body movements as players are trying out their forehand, backhand and side-spin shots and are generally limbering up. Last Autumn found the local leagues being attacked by three teams from Thrandeston and two from Palgrave. This was largely due to the enthusiasm of Thrandeston's John Mortlock, Palgrave's Colin Manning and Ted Ling, who, although he plays for Diss Farmers' Team is consistently encouraging local talent especially the youngsters. The team's standard varies from the enthusiastic beginners up to the big-time Premier League, where the games are taken rather more seriously. The Palgrave 'A' team played in the middle league and ended in a respectable position just behind the promoted teams. Thrandeston have a Premier League team and a lower league team where Palgrave 'B' are also to be found.

Teams are now being formed again with captains checking on the availability of players. Any keen people even thinking about the possibility of playing table tennis should contact the enthusiasts men-

tioned above. They will not be committed but a knock-about can be arranged. This is a cheap sport, there is always a friendly atmosphere and the ages of the players vary from over fifty to about twelve and everyone is welcome. The new season will soon be starting so if you are at all interested please contact one of the following- Thrandeston - John Mortlock (Scole 665)  
Palgrave - Colin Manning (Diss 3703)  
or Ted Ling - (Mellis 350)

## FOLLOW THE TOWN? FOLLOW THE CITY?

If you support either Ipswich Town or Norwich City you may like to know the details of the Simonds' coaches which run to all home games at both grounds. The bus for the 'Town' games, leaves from Botesdale but passengers can catch the bus from Palgrave Church just after 1.00.p.m. and change at the garage, Botesdale. The bus for the 'City' games, leaves Botesdale at 1.30.p.m. passing through Wortham and picking up at the corner of the Bury Rd. and Palgrave Church (outside Mr. & Mrs. Trudgill's house) at 1.35.p.m. approx. This service is appreciated by the small group of regulars but the numbers very much need a boost.

## TUG OF WAR.

It seems that every village and hamlet is sending a tug of war team to the Thrandeston Fete on September 13. We are still seeking volunteers to represent Palgrave. Surely we have enough beef and brawn to keep our end up. Turn up and tug!

## THANKS.

Our thanks are due to Mrs South who helped us out by typing the August edition of 'The Palgrave Star'.

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## ADULT LITERACY

A parish newsheet, such as The Palgrave Star, is a very good means of communication in a village....provided that you can read. If, however, you are one of the many hundreds of adults in Norfolk or Suffolk who has difficulty in reading you can only hope to learn the news another way.

Writing letters, leaving notes, filling in forms and writing cheques are all commonplace activities to most of us. For these adults who cannot write or spell though, they are activities to avoid at all costs. Many adults go to a lot of trouble to conceal a literacy problem and it often takes a great deal of courage and possibly persuasion by a spouse or parent, to ask for help. Having started tuition they usually feel a great sense of relief and make rapid progress. Two of the reasons that motivate adults to ask for help are that they face embarrassment in their employment or find it difficult to help and encourage their children with school work.

The Adult Literacy Scheme started five years ago to help people such as these. It was supported by the B.B.C. and for a few years the government sponsored a central Resource Agency (A.L.R.A.) which produced materials especially suited for adults and provided help with training. For the past four years I have been employed as part-time Group Tutor for the Diss Group. Prior to that I was a volunteer tutor for a year. The Diss Group covers Diss and the surrounding villages in Norfolk and North Suffolk. Over this period some thirty students have received help, most very successfully, given by volunteer tutors working in their own home or in the students' homes. The students come from all walks of life including farm-worker, housewife, company director, builder, executive, coach driver and unemployed. Their literacy problems range from being unable to read or write their own name and address to being able to read fluently but needing help with spelling. In a few cases help has been given covering a wide range of social skills including telling the time and using money. The help given depends to an extent on what the student perceives as his own particular

problems and difficulties. Although we aim to help students acquire comprehensive literacy skills it is important for the student that these have a practical basis, particularly in the early lessons. Many of the materials used are made by the volunteer tutors so that the work can be specifically geared to the needs and ability of a particular student.

Like the students, volunteer tutors also come from all walks of life - you do not need to be a qualified teacher to help with reading or writing. Training of new volunteers is given either by a course of weekly meetings in Diss or on weekend courses in Norwich. In some cases successful students have become volunteer tutors!

As from September Adult Literacy in this area will be run by Mr. Alan Fitch, who will cover a much larger area than I have done.

If you require help or know of somebody who wants help, or if you are interested in becoming a volunteer tutor ring Alan Fitch on N. Buckenham 786 or Thetford 5492.

Richard T Rice. 1, Church View, Palgrave.

## EASTON FARM PARK

The committee would like to thank all those people who donated picnic items for the Childrens' Outing to Easton Farm Park. The children had a very good tea and we are grateful for all the contributions. Our thanks too, are due to Mr. Fairhead and Mr. White for their kind donations towards the cost of the outing.

We were very sorry that a couple of children were unable to go on the coach trip. Unfortunately they had left it until the day before the outing before attempting to book and consequently the coach had been filled. We gave plenty of coverage in The Star to make sure people booked well in advance but there were several who left it until the last minute before putting their names down and some of these were disappointed. Let's hope that next year all those children who want to go on the outing will book early and make sure of a place.

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## CRIBBAGE

It is hoped that there will be a Cribbage Evening in the school on the last Thursday of the month - 25 September. For confirmation or further information please see the notice board in Palgrave.

## PALGRAVE WINEMAKERS

Palgrave Amateur Winemakers Society meet on the first Friday of each month at 7.30.p.m. in the Primary School, Palgrave - to promote and improve the making of home-made wines - it is a happy Social Evening. Some meetings we have guest speakers who give talks on a wide variety of subjects - not necessarily always about wine.

We have competitions with other wine clubs in the surrounding area and our social activities include an annual Dinner, a Bar-B-Q in the Summer and our December meeting is usually Christmas Party night.

Outings this year have been a visit to East Harling Vineyards and a boat trip on the Broads.

We also get invitations from other Clubs to join them on their various social occasions. Our Subscription is £2.00 per annum - £1.00 for O.A.P's. New members will be most welcome at any meeting (bring a wine glass!)

Secretary: Mrs. Alasia. Tel: Scole 605.

## SUGGESTED RECIPE FOR SEPTEMBER

### APPLE & BLACKBERRY WINE

- 4 lbs. Apples (windfalls)
- 1 lb. Blackberries
- 4 oz. Sultanas
- 1 Lemon
- 1 Gallon Water
- 1 Desertspoon Yeast

### Method

Mince apples (do not peel or core)  
Grate lemon rind (no pith)  
Squeeze juice and put in bucket with other ingredients.  
Pour over 1 gallon boiling water  
When cool add yeast

## DIARY

Saturday 13 September

Garden Fete, Barbeque and Barn Dance. Thrandeston.

Monday 22 September

Archaeology Evening Class.  
Palgrave School.

Tuesday 23 September

Ecology Evening Class.  
Palgrave School.

Thursday 2 October

Bingo.  
Palgrave School.

Saturday 4 October

Harvest Supper.  
Palgrave School.

Wednesday 8 October

A.G.M. Palgrave & District C.C.  
Palgrave School.

Saturday 18 October

Market Stall.  
Diss.

## BINGO

Starting from September there will be Bingo on the first Thursday in the month in the school.

## THANKS

The C.C. Committee would like to express their thanks to Mr. & Mrs. G. Cartwright for all the help they have given in taking bookings for the coach trips this year. It has entailed extra work and time but has given a very useful service to those people wanting to book for outings. We should like them to realise that the C.C. Committee appreciate all the valuable help they have given.

DISS & DISTRICT HORTICULTURAL SOCIETY EARLY AUTUMN SHOW SEPT 20th & 21st

OPEN VILLAGE CLASS

Last year Palgrave came second in this class and it is hoped that as many people as possible will come forward and provide Exhibits for this joint effort. If you think that you would like to take part please contact Mrs M. Atkinson by Sept 19th..She will be pleased to give you further information too.

Exhibits for this class-

- Container of Roses.
- Container of Annuals.
- Container of Perennials.
- 2 Flowering Pot Plants.
- Foliage Pot Pot Plant.
- 4 kinds of vegetables (numbers of each as per schedule)
- Plate of Fruit (apples, pears, plums, etc)